



# AYDEN AMES

NO. 5

MIDDLE BLOCKER - UNIVERSITY OF TEXAS




CLASS: SOPHOMORE

HT: 6'4"

HOMETOWN: PROSPER, TX

RANKED #1 PLAYER IN TEXAS




RANKED #3 PLAYER IN THE NATION

 <b>AYDENAMES</b>	19.1K FOLLOWERS
 <b>AYDENAMES</b>	1,340 FOLLOWERS
 <b>AMSEYYAMES</b>	408.2K LIKES   5,780 FOLLOWERS

## BIO

Ayden Ames is a standout volleyball player and the 2023-24 Gatorade National Volleyball Player of the Year. A dominant middle blocker and outside hitter at Prosper High School, she led her team to a 6A state semifinal appearance—their first since 2017—while earning AVCA First Team All-American, Under Armour All-American, and Dallas Morning News Player of the Year honors. Ames is ranked the No. 1 player in Texas and No. 3 nationally by PrepDig.com. She was a key member of the USA U19 team that won the 2023 FIVB World Championship and finished her high school career with over 1,500 kills, 300 blocks, and 90 aces. Her leadership, consistency, and elite-level play make her one of the top recruits in the country.

## SOCIAL

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